



## **FOR IMMEDIATE RELEASE**

### **Stroke Prevention and the Latest Treatments: Next Topic in Health Literacy Series presented by Wilton Library and Western Connecticut Health Network**

WILTON, Connecticut, September 27, 2018 — Stroke Prevention, Symptoms, and Treatment will be the next topic in the Health Literacy Series presented by [Wilton Library](#) and [Western Connecticut Health Network](#) (WCHN). This program will take place on Wednesday, October 24, at 7:00 PM at the Wilton Library. [Joshua Marcus](#), MD, leading neurosurgeon from WCHN will be the featured speaker.

Stroke is the fifth leading cause of death in the United States and is a major cause of serious disability for Americans. About 800,000 people in the United States have a stroke each year.

As stroke is the third leading cause of death in Connecticut, Dr. Marcus wants to generate awareness about stroke to help our communities stay well. He will talk about what a stroke is, who is at risk for stroke, how to reduce your risk of stroke, the signs and symptoms of stroke, and what to do if you think you are experiencing a stroke.

Dr. Marcus will also discuss the latest minimally invasive treatment for stroke. He will conclude his presentation with a question and answer session.

To register for this event, please visit [www.wiltonlibrary.org](http://www.wiltonlibrary.org) and click on Events or call (203) 762-6334. Wilton Library is located at 137 Old Ridgefield Road in Wilton.

#### **About Dr. Joshua Marcus**

Joshua Marcus, MD, is a neurosurgeon who focuses on the minimally invasive treatment of brain and spine conditions, including tumors, degenerate and traumatic spine disease, trigeminal neuralgia, and other chronic pain syndromes as well as disorders of the cerebrovascular system. He is one of only a few physicians in Connecticut with advanced training and dual expertise in both the open surgical and minimally invasive treatment of cerebrovascular conditions including cerebral aneurysms, arteriovenous malformations, carotid artery disease, as well as hemorrhagic and ischemic stroke.

Dr. Marcus and the endovascular stroke team at Danbury Hospital and Norwalk Hospital have recently set a new standard in stroke care for Western Connecticut Health Network and Fairfield County. The team was the first in western Connecticut to successfully perform the first endovascular stroke procedure, an intra-arterial mechanical thrombectomy treatment for ischemic stroke. No other facility in this area offers this cutting edge, minimally invasive treatment in the emergency management of patients with acute stroke. The procedure expands the window to effectively treat stroke from four hours to up to 24 hours in select cases.

Dr. Marcus graduated Summa Cum Laude and Phi Beta Kappa from Binghamton University. He attended New York University School of Medicine and completed his residency training in Neurological Surgery at New York Presbyterian/Weill Cornell Medical College. While a resident, Dr. Marcus served as chief resident and was the recipient of the Distinguished House Staff award in Neurosurgery. Following his residency, he completed a fellowship in Endovascular Neurosurgery/Interventional Neuroradiology. He has received advanced training at Memorial Sloan Kettering Cancer Center to manage brain and spinal cord tumors with modern surgical techniques and technologies as well as non-invasive stereotactic radiosurgery.

## **CONTACT**

### **Wilton Library**

Janet Crystal  
Marketing Communications Manager  
203-762-6324  
[jcrystal@wiltonlibrary.org](mailto:jcrystal@wiltonlibrary.org)

### **Western Connecticut Health Network**

Amy Forni  
Manager, Public Relations  
203-739-7478  
[Amy.Forni@wchn.org](mailto:Amy.Forni@wchn.org)

Andrea Rynn  
Director, Public & Government Relations  
203-739-7919  
[Andrea.Rynn@wchn.org](mailto:Andrea.Rynn@wchn.org)

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**Blood pressure082118 and JoshuaMarcusMD captions:** Wilton Library and the Western Connecticut Health Network present the next program in the "Get Well, Stay Well" series, "Stroke Prevention, Symptoms and Treatment," on Wednesday, October 24, at 7:00 PM at Wilton Library. The featured speaker is [Joshua Marcus](#), MD, leading neurosurgeon from WCHN. Registration is recommended. Wilton Bulletin is the media sponsor for the event. For information, directions and registration, visit [www.wiltonlibrary.org](http://www.wiltonlibrary.org) or call 203-762-6334. Wilton Library, 137 Old Ridgefield Road, Wilton, CT; main number 203-762-3950.