

# librarEmail

## October 2015

Wilton Library Association  
137 Old Ridgefield Road  
Wilton, CT 06897  
203.762.3950

[www.wiltonlibrary.org](http://www.wiltonlibrary.org)

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### Library Hours

Monday-Thursday: 10-8  
Friday: 10-6  
Saturday: 10-5  
Sunday: 1-5

***Wilton Library is our  
gateway to discovery.***

***We inform, enrich,  
connect and inspire  
our community.***

Greetings,

In the words of Henry David Thoreau:

*"All things in this world must be seen with youthful,  
hopeful eyes."*

Indeed, October will be just such a time at Wilton Library as we celebrate children and the world seen through their "eyes" - their imagination. Our Children's Library will be the focus on October 8th at 5:00PM as we dedicate our new 3-dimensional



entrance. The goal of our new entrance is to inspire a sense of wonder, exploration, and discovery of the world of information beyond that gateway. We hope the jungle theme will continue to inspire children's imagination and foster a lifelong love of reading, curiosity and learning.

Also on that day, Wilton Library welcomes back author/illustrator and well-known political cartoonist Matt Davies. He will inspire and entertain our young readers in the Brubeck Room -- sharing his new book, answering questions, and showing how he creates his fabulous illustrations. And, at the end the month, Halloween activities abound with our Haunted Chamber, a Pumpkin Search & Find game, a jack-o-lantern felt board, and coloring sheets set up in the Children's Library. Throughout October, adults will also find plenty of interesting programs including author talks, book discussion groups, concerts, classes to explore technology and more.

So, please join us at these fun filled events and enriching opportunities. I look forward to seeing you here.

Elaine Tai-Lauria, Executive Director  
Wilton Library Association

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## FUNDRAISERS

### Seventh Annual Wine Tasting Benefit

Thursday, November 5, 7 to 8:30 pm



Save the date of November 5 for a delightful evening at our Seventh Annual Wine Tasting Benefit. Sample wines from around the world, courtesy of New

Canaan Wine Merchants, accompanied by delicious hors d'oeuvres provided by some of Wilton's finest restaurants. 10% of all wine sales from the evening benefit Wilton Library so plan to stock-up for your holiday celebrations and gift giving. Tickets are \$50 and can be purchased by calling Jennifer Wallace at 203-762-3950 ext. 239. Stay tuned for online ticketing information.

## INNOVATION STATION

### "Make it" October Classes

Join us in our Innovation Station maker space to "make it" or "do it yourself" in small group classes for ages 13+, and 6th & 7th graders accompanied by adults. Below are the various October class offerings; [click here](#) for individual class times and registration links:



- **Bringing Your Photos Albums into the Digital Age**
- **3D Printing for Beginners**
- **New Life for Old Videos**
- **Various Monogramming classes using the electronic sewing machine. Personalize tea towels, chef's aprons, coasters, bookmarks, baby bibs and more. Get spooky with Halloween themed classes.**
- **Etched Glass Vases Drop-in Craft**
- **Making Halloween cards and Thanksgiving place cards with the Die Cutter**
- **Handpainted Light Up T-shirts**
- **Solder Craft classes: Glass Jewelry and Blinky Pins**
- **Relax and Color classes**

### Just Ask -- Independent Training and Project Appointments

Have a project idea or want to learn to use a particular piece of equipment? Patrons can schedule time to receive one-on-one training on any Innovation Station equipment or use equipment independently once they've been trained. To see a list of our available equipment, [click here](#). Email your appointment request to [innovation@wiltonlibrary.org](mailto:innovation@wiltonlibrary.org).

### NEW Stitch Time for Knitters and Crocheters

**Mondays, now through December 14, 1 to 2:30 pm**

Join us in Innovation station for a weekly drop-in session for knitters and crocheters. Make new friends, get tips and share ideas while working on your own projects. New to stitching but want to give it a try? We have needles and yarn for you to test out. Note: No session Oct. 12. No registration required.

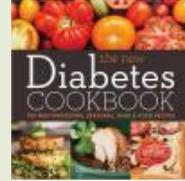


## AUTHOR TALKS & BOOK GROUPS

### Area Author Affair: Kate Gardner, *The New Diabetes Cookbook: 100 Mouthwatering Seasonal, Whole Food Recipes*

**Monday, October 5, 6 to 7 pm**

Cooking - and eating - with diabetes can be a challenge. Kate Gardner's *The New Diabetes Cookbook* makes life simpler and more delicious by focusing on unprocessed, nutrient-rich whole foods that are fresh, hearty, and inexpensive. Every recipe includes nutritional information and helpful notes. Kate Gardner, MS, RD, is a registered dietitian and culinary nutritionist. **Please register** in advance.



### Food Lit Book Group

**Tuesday, October 6, 11 am to noon**

Come join Wilton Library's book group dedicated to food literature. This month's book is *The Gastronomical Me* by M.F.K. Fisher. Pamela Lillis, a nutritional health coach, avid reader, and lover of food lit, will moderate the discussion. **Advance registration** suggested. For a complete listing of meetings, titles, and registration links, **click here**.

### Author Talk: Allie Cashel, *Suffering the Silence: Chronic Lyme Disease in an Age of Denial*

**Tuesday, October 6, 7 to 8:30 pm**

Allie Cashel's debut book, *Suffering the Silence: Chronic Lyme Disease in an Age of Denial*, details her experience fighting Lyme disease. The book also features stories of chronic Lyme patients and their struggle for recognition and treatment. Cashel is a passionate advocate for Lyme disease awareness and the founder of the online community 'SufferingtheSilence.com' which builds awareness around Lyme and other chronic illnesses. **Please register**.



### Autumn Poetry: Judson Scruton

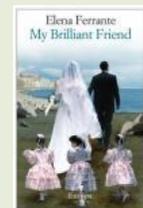
**Thursdays, October 8, 15, 22 & 29, 10:30 am to noon**

Judson Scruton leads this 4-part Autumn Poetry Series exploring 'The Ecological Vision of Robert Siegel' on consecutive Thursdays. Twelve to sixteen poems from this prolific poet will be examined. Copies of the selections will be available at the front desk one week before seminar begins. **Please register** in advance.

### Wilton Library Readers

**Wednesday, October 14, noon to 1:30 pm**

Professional book discussion leader Susan Boyar discusses *My Brilliant Friend* by Elena Ferrante. Bring lunch; beverages will be provided. **Advance registration** suggested. For a complete listing of meetings, titles, and registration links, **click here**.



## Tuesday Book Buzz



**Tuesday, October 20, 10 to 11 am**

Looking for something good to read next? Bring a friend and join the Book Buzz conversation moderated by librarians Lauren McLaughlin and Melissa Baker. Participants are encouraged to chat about their most recent favorite reads or just listen to what others recommend. Pick up new pre-publication books, hear about upcoming releases and get the inside scoop on author visits. **Please register** in advance.

## Author Talk: Elisabeth Egan, *A Window Opens*

**Wednesday, October 21, 7 to 8:30 pm**

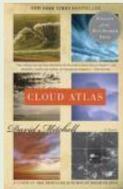
In *A Window Opens*, author Elisabeth Egan creates Alice Pearse, an engaging working mother character who is proud of all she accomplishes until her marriage flounders, her dad gets sick, her babysitter is fed up, her kids grow up and her once-cherished job takes an unexpected turn. Caught up in her middle-aged coming-of-age, she realizes the question is not whether it's possible to have it all, but what does she - Alice Pearse - really want? Elisabeth Egan is the books editor at Glamour. Her essays and book reviews have appeared in countless magazines and newspapers. **Please register** in advance.



## Senior Center Book Discussion: *Cloud Atlas*

**Tuesday, October 27, 11 am to noon**

Melissa Baker will lead a discussion of *Cloud Atlas* by David Mitchell. *Cloud Atlas*, an intriguing novel short-listed for the 2004 Booker prize, is really a set of six interwoven novellas spanning hundreds of years and thousands of miles of time and space. Call the Senior Center to register at (203) 834-6240. The Senior Center is located in Comstock Community Center, 180 School Road, Wilton.



## Author Talk: Marie-Helene Bertino, *2 A.M. at the Cat's Pajamas*

**Thursday, October 29, 7 to 8:30 pm**

Author Marie-Helene Bertino crafts an engaging debut novel, *2 A.M. at the Cat's Pajamas*, about love, music and hope all found in one day in the lives of three unforgettable characters. At the center is Madeleine Altimari, a smart-mouthed, rebellious nine-year-old who also happens to be an aspiring jazz singer. This vivacious, charming and moving story will capture your heart and have you laughing out loud. **Please register** in advance.



## ART & MUSIC



### Hot & Cool: Jazz at the Brubeck Room, Don Friedman Harvie S Duo

**Sunday, October 4, 4 to 5:30 pm**

Pianist Don Friedman has been an influential part of the jazz scene for the past 50 years. He continues to be in demand in New York City as a jazz pianist and educator, while regularly touring the United States, Europe and Japan with top-flight groups. Harvie S has been an inimitable presence in jazz since the 1970s and is an award winning bassist, composer, arranger, educator and producer. Suggested donation: \$10. Funded by William and Karen Tell Foundation with special thanks to Ed and

Catherine Romer and Chris and Tish Brubeck. **Please register** in advance.

## **Suzanne Crossland Retrospective Art Exhibition Reception**

**Friday, October 9, 6 to 7:30 pm**

Roger and Garry Crossland, sons of the late Suzanne Crossland, provide a retrospective of the Wilton artist's works featuring her renowned pastoral scenes. More than 50 paintings will be on exhibit. A majority of the works will be available for purchase with a portion of the proceeds benefiting the library. Reception open to the public. Exhibition runs through October 29.



## **Candlelight Concert at the Wilton Congregational Church - Violinist Angelo Xiang Yu**



**Sunday, October 25, 4 to 5:30 pm**

Violinist Angelo Xiang Yu, regarded as one of today's most talented and creative young violinists, will present a program of works by Beethoven, Ravel, and Debussy. All performances are on Sunday afternoons at the Wilton Congregational Church located at 70 Ridgefield Road, Wilton. A portion of the proceeds benefits Wilton Library. For ticket information call (203) 762-3401 or **[www.wiltoncandlelightconcerts.org](http://www.wiltoncandlelightconcerts.org)**.



## **Weir Farm Artist-in-Residence Exhibition and Reception: Jodi Colella**

**Monday, October 26, 6 to 7:30 pm**

October brings Jodi Colella to the Weir Farm Artist-in-Residence program. She uses a broad range of materials, innovation and social engagement to create provocative, tactile works. Her process begins with traditional fiber techniques. Co-sponsored by Weir Farm Art Center and Weir Farm National Historic Site and presented by Wilton Library. **Please register** in advance.

## **SEMINARS & DOCUMENTARIES**

### **Wilton Rediscovered: The Origins and Evolution of Architecture and Landscape**

**Wednesday, October 7, 7 to 9 pm**

Renowned local architect Rob Sanders discusses the architecture of Wilton and significant properties in town. A fascinating look at where we've come from to where we are today. Q&A and reception to follow. Sponsored by Silver Pine Real Estate, Rob Sanders Architects LLC, Wilton Historical Society, Wilton Newcomers Club and Wilton Library. **Register here.**



## New Perspectives Documentary: *Going Clear: Scientology and the Prison of Belief*



**Saturday, October 17, 7:30 to 9:30 pm**

Academy Award-winning director Alex Gibney turns his gaze to Scientology in *Going Clear: Scientology and the Prison of Belief*. Gibney profiles eight former members of the church of Scientology, whose adherents include A-list Hollywood celebrities, shining a light on how the church cultivates true believers, including their experiences and what they are willing to do in the name of religion. Suggested donation of \$5. Refreshments served. The New Perspectives Documentary series is programmed and moderated by filmmaker, **Megan Smith-Harris**. A Q&A will follow the film. [Register here.](#)

## WGG/WLA Green Speaker Series: The Great Healthy Yard Project with Dr. Diane Lewis

**Monday, October 19, 7 to 8:30 pm**

The chemicals that we are putting in our yards are now in every stream, river, and lake, and half of our well water. Learn how these chemicals get into our taps, what they do to us, and learn ways to fix the problem. Diane Lewis, M.D. is the founder of the nonprofit organization the Great Healthy Yard Project and author of the book by the same name. This Green Speaker talk is co-sponsored by Wilton Go Green, Town of Wilton Conservation Commission, Wilton Garden Club Conservation Committee and Wilton Library. [Register here.](#)



## WLA/SCORE: Health Reform and Your Small Business



**Wednesday, October 21, 6 to 8 pm**

Learn how the new health reform regulations affect your small business. To register, visit [www.scorenorwalk.org](http://www.scorenorwalk.org) or call SCORE at (203) 831-0065. SCORE is a non-profit organization that helps individuals start a new business or grow their existing business. Co-sponsored by Fairfield County SCORE, Wilton Library and the Wilton Chamber of Commerce.

## HEALTH & WELLNESS

### Breast Cancer Survivors' Support Group

**Tuesday, October 13, 6 to 8 pm**



Post-treatment breast cancer survivors are invited to join in this monthly support group held at Wilton Library and presented by The Breast Cancer Survival Center (BCSC). The BCSC, a Fairfield county non-profit, has been holding support groups, retreats and candle lightings for the past 12 years. [Register here.](#)

### AARP Driver Safety Class

**Wednesday, October 14, 10 am to 2 pm**

The AARP Driver Safety Program is the nation's first and largest classroom driver safety course designed for drivers age 50+. This single session, four-hour course covers the changes in vision, hearing and reaction time associated with ageing and provides techniques on how to adjust to these changes, along with learning



to operate vehicles more safely. Program cost is \$15 for AARP members; \$20 for non-members. [Register here.](#)

## Flu Shot Clinic



**Monday, October 19, 3:30 to 5 pm**

Flu shots are available to anyone age 4+. Persons under age 18 must be accompanied by a parent or legal guardian. No appointment needed, first-come, first-served, no waiting. Please wear sleeves that roll up easily. Cost of the flu shot is \$42 payable by cash or check or it can be billed directly to Aetna, Anthem, Connecticutcare, Fallon, Harvard Pilgrim, Healthy Ct, Multi Plan, Unicare, Wellcare or Medicare Part B. Bring your insurance card with you. HIGH DOSE vaccine is available to persons age 65 or older who would like it instead of the regular dose vaccine. The cost of the high dose vaccine is \$60. Sponsored by Visiting Nurse & Hospice of Fairfield County. For more information, call the Flu Info-line at 203-834-6341, extension 444. To speak with a nurse, call 203-762-8958.

## SPOTLIGHT ON

### NEW at Wilton Library -- The Mixed Bag

Enjoy a creative twist on movie night with our new **Mixed Bag** offerings. The bags are designed to provide an immersive experience based on a particular country, topic, or craving. Each bag contains a cookbook, DVD and music CD. The nine Mixed Bags available are **Romance, Healthy Living, Tea Time, Stargazing, Chocolate, China, Italy, Japan, and Greece**. As the popularity of these theme nights grows, more Mixed Bags will be introduced. The bags may be checked out free-of-charge for seven days and may be reserved and renewed. There will be a fee if the bags are overdue. The Mixed Bags are located on a stand near the music CDs in the fireplace area Reading Room. Using our Mixed Bags suggestions, patrons can enhance their date night, girls' night out, or book club night beginning now. [Click here](#) to check out our Mixed Bags.



The Japanese Mixed Bag

## TECHNOLOGY & TRAINING CLASSES

### Technology Class: Basic Computers



**Tuesday, October 6, 2 to 3 pm Register OR**

**Saturday, October 24, 12:30 to 1:30 pm Register**

Join us for a Basic Computers class which will serve as the introduction to the topics you need to know in order to get the most out of our slate of upcoming technology classes. Topics covered include saving files, Internet browsers, email, and printing. Please register for a single class above.

### Technology Class: Basic Microsoft Word

**Wednesday, October 7, 2 to 3 pm Register OR 6:30 to 7:30 pm Register**

Join us in the Computer Lab to learn how to create and format a basic document in Microsoft Word in this free class. Basic computer skills including mouse proficiency required. Please register for a single class using the links above.



## Technology Class: LinkedIn



**Thursday, October 8, 12:30 to 2 pm Register OR 6 to 7:30 pm Register**

Do you want access to business people, jobs, news, updates, and insights that will help you present yourself in the best possible light? In this demonstration-style class, you will learn what LinkedIn is about, how to create a profile and look for jobs. Please register for a single class above.

## Free Downloads - Music

**Wednesday, October 14, 1 to 2:30 pm**

Bring your own device and follow along as Melissa Baker demonstrates free downloadable and streaming music. You will learn about our streaming classical music (Naxos Music Library), and downloadable popular music (Hoopla Digital), all available 24/7 from Wilton Library. There is something for everyone and hours of enjoyment for patrons with Wilton Library cards. Presented by Wilton Library for seniors at the Senior Center, Comstock Community Center, 180 School Road, Wilton. **Register here.**



## SAVE THE DATE



### Save The Date

Mark your calendar and stay tuned to the Library's website for more details about some upcoming events you won't want to miss!

- **November 1** -- CT's Own Concert, Errante/Cho Trio
- **November 4** -- Author Talk: Matthew Dicks, *The Perfect Comeback of Caroline Jacobs*
- **November 11** -- Alzheimer's Association Informational Panel Discussion
- **November 17** -- WGG/WLA Green Speaker Series: Screening of *Idle Threat* and Panel Discussion
- **November 22** -- Hot & Cool Jazz: Edmar Castaneda Trio

## TEENS

### Poetry in Motion - Inside Out

**Call for Poetry Submissions, accepted now through October 31**

Wilton Library's annual program for teens in grades 7-12 is once again starting and we want your poetry! We're looking for original poems (serious or humorous; short or long) addressing this year's theme, "Inside Out." What is Inside Out? Perhaps it's the face you show the world while hiding what's inside. It could be that his shirt is inside out or she knows the city inside out. Or maybe it's just that you loved the movie 'Inside Out!' It's all up to your interpretation. Approximately 30 poems will be selected for a two-performance event in March 2016. Poems will be paired with art and possibly music or song. So start the creative juices flowing! Submissions accepted now through October 31, 2015. Please send as a Word document to [teenpoetry@wiltonlibrary.org](mailto:teenpoetry@wiltonlibrary.org). Questions? Call 203-762-3950, ext. 243. This program is sponsored by Wilton Library with funding from generous donors.





## Teen Advisory Board (TAB)

**Monday, October 5, 3:30 to 4:30 pm**

Teens in grades 6-12 are invited to join a monthly Teen Advisory Board (TAB) meeting. TAB works with the Library by helping select materials for the teen collection, planning teen events, and more. Applications are **online** for first time attendees or by **emailing Jennifer Walker**, Teen Services Assistant. Newcomers always welcome. **Registration** is recommended.

## Pumpkin Decorating for Teens

**Thursday, October 22, 4 to 5 pm**

Teens in grades 6-12 can stop by Innovation Station and decorate a pumpkin (while supplies last) for Halloween. No registration; no fee. Sponsored by the John and Patricia Curran Fund.



## KIDS

### Wilton Library Children's Newsletter



Head of Children's Library, Andrea Falkner, publishes a twice monthly electronic Children's Library newsletter about upcoming programs and special events. Please **email Andrea** and write "newsletter sign-up" in the subject line to receive the next children's newsletter in your inbox. For more information on children's programs, including story times, book groups, clubs, and more, visit our **Children's Events page** on the Library website.



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